

TAKING SPIRITUALITY TO THE STREET

LIBERATING OUR HIDDEN GREATNESS REALIZING OUR DEEPER GIFTS

Spirituality comes from the experience of Essence. To be practical our expression of spirituality needs to be more than something we do just when meditating, praying, or in our internal practice. It needs to be woven into daily life so that our life reflects who we *really* are.

IN THIS EXPERIMENTAL WORKSHOP

- ❖ *Clear out old blocks & patterns from the subconscious that block the experience of our inner Greatness.*
- ❖ *Utilize Active Meditation & Transformation thru Movement to accelerate clearing and Presence.*
- ❖ *Develop our Sacred Witness and integrate our internal spiritual practice into the world.*
- ❖ *Learn techniques that you can integrate into your daily life.*
- ❖ *Free yourself from the carried emotions of others.*
- ❖ *Develop your own intuitive knowing and ability to receive guidance.*
- ❖ *Open the doors of the heart to unconditional love.*
- ❖ *Embrace forgiveness and set your life free.*

AUGUST 21 & 22, 2010

Sat. 10-4pm and Sun 1-5pm

Suggested Donation: \$170 - \$250

Sliding scale

(pay what fits for you financially or pay less if you need to)

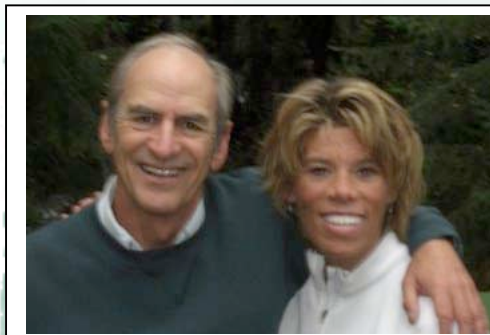
SERENGETTI WEST – Tahdi's Deck

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West Hills CA 91304-2107

More Info Call Rick or Janel at (831) 659-2313

RSVP: rmossphd@aol.com



Led by Rick Moss, Ph.D & Janel Willette

Dr. Rick Moss is the developer of Pre-Cognitive Re-Education (Pre-Cog). Rick has an intuitive ability to read and help eliminate the subconscious blocks that keep us from living from our Innate and full potential. Rick developed this work after teaching meditation for 20 years and realizing that wholeness experience alone does not change subconscious patterns and by itself it is not enough for transformation. Rick has a Ph.D. in education from the University of Texas at Austin, with a dissertation entitled Education and Consciousness. He has an international practice and travels around the country offering seminars and training people to do this work either personally or professionally. Due to an intuitive ability he is able to do session work over the phone. He is the author of *The Light-Traveler's Notebook* and 18 clearing CDs. He is currently writing a second book. His work may be experienced at his web site: essentialpathways.com. Contact Rick at his home in Carmel Valley (831) 659-2313 or by email: rmossphd@aol.com

Louise Hay has said of Rick's work, "I found the work we did to be extremely helpful...you have a wonderful gift to offer the world."

Dr. Candace Pert calls Rick "A truly miraculous healer."

Janel Willette is a former elite tri-athlete and international medal winner. As a Certified Exercise Physiologist, Janel integrates eastern traditions, Tai Chi, Yoga, meditation, with modern modalities such as Quantum Touch, Pre-Cognitive Re-Education, Pilates and Dynamic Flexibility that merge into a powerful physical healing and transformative program called Synergy.

Intuitively gifted, Janel is able to sense breaks in the energy flow that result in pain and dis-ease and offer correction through movement, strengthening, and energetic realignment. Her present work includes Embodying Enlightenment: Discovering the gift of the body in the enlightenment process. She lives in Carmel Valley, CA and works with groups and individuals throughout the country. She may be reached at (831) 236-4352 or Janel@SynergybyJanel.com. Website: Synergyby-Janel.com.

"Janel delivers 'enlightenment of the body' by teaching me how to open the nerve pathways that produce a much greater range of motion as well as more mental clarity. She also has a wonderful iPod, iPhone video for those days when I'm not in class. Many thanks!"

Dr. Bill Little

"Synergy has been an extraordinary catalyst for moving beyond my old patterns and habits. I am in my body, able to feel, and know my inner voice more clearly." ~Anna